LeBalance

A great oil for the support of the endocrine system and for balancing hormones, especially in women; often effective in reducing hot flashes and headaches in women age 35-50; Use LeBalance for women ages 30-45, LeEndo Relief for women age 45+ and LeWoman Wise for women up to age 30, as a general rule. Also use for prostate de-congestion and health in men.

Ingredients: Clary Sage, Rose Geranium, Peppermint, Myrtle, Cypress, Lavender, Sage, Yarrow, Marjoram

Affinity for: nervous system; endocrine system; emotions

Aromatic Considerations: control of mood swings brought about by hormone and endocrine system imbalances

Application: Apply around ankles, diffuse or use for a soothing soak in the tub.

Resonance: physical, emotional

Cautions: definitely not to be used during pregnancy!!

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