LeDiscernment

Faith in the future; achievement of goals/dreams; discern the path best suited and most likely to bring happiness and contentment. Caution: contains a small percentage of sage; use with caution during pregnancy or by those who have high blood pressure or seizures of any kind.

Ingredients: Lavender, Spruce, Sage, Rosewood, Rose, Geranium, Orange

Affinity for: emotional balance; brow and crown chakras

Aromatic Considerations: dissipation of negative emotions; sends one forth, renewed, to achieve dreams

Application: Diffuse, apply to wrists or temples, add to bath, or use for a massage.

Resonance: physical and emotional

C**autions** contains sage - caution if pregnant or epileptic

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