LeHeart Song

High frequency blend; produces feelings of being loved and cherished; helpful in overcoming grief and trauma; use in the treatment of depression or to get through a tough time or a difficult day; use to balance the electrical fields of the body. A very effective, all-purpose, high frequency blend - a basic for just about everyone.

Ingredients: Bergamot, Rosewood, Rose Geranium, Lemon, Ylang Grapefruit, Tangerine, Orange, Rose

Affinity for: emotional balance, heart and throat chakras

Aromatic Considerations: The aroma of this blend may be almost offensive if there are emotional blockages to loving and being loved. If this occurs apply the blend LeUnity to the palms of the hands and place the hands over the navel and the thymus. Hold for 20 seconds and then change hands and hold for another 20 seconds or more.

Application: Apply in a clockwise motion over each chakra, usually beginning at the base and working up to the crown; apply to ears, massage over the feet, rub over the heart, apply to areas of poor circulation, as a perfume or cologne

Resonance: high frequency emotional oil

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