LeInsight

An uplifting and calming blend made especially for the citrus lover; use when one is feeling confused, scattered or scarred mentally or emotionally; helps with flexibility of thought; often used in Inner Child work and to release negative emotions from the past; releases cellular memory; aids intuitive and organizational skills.

Ingredients: Tangerine, Orange Sweet

Affinity for: emotional balance; cellular memory

Aromatic Considerations: calms the nerves and grounds the emotions

Application: Apply on the navel, chest, temples, nose; use as a massage oil; diffuse.

Resonance: physical and emotional

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