LeMillenia

‘Chiropractor in a bottle’ is a good description of this blend - use to align physical structures and electrical energies; use for any structural misalignment (spine, shoulder, etc); especially helpful for hyperactivity and ADHD (consider using with Tranquility for this)
Ingredients: Spruce, Frankincense, Elemi, Chamomile German, Geranium, Blue Tansy, Rosewood, Lavender
Affinity for: emotions, body structure and alignment; muscles; skin; nervous system
Aromatic Considerations: builds courage, confidence and self esteem; calming and relaxing
Application: Apply on bottoms of the feet; can be placed along the inside of the foot (spine in reflexology and foot zone therapy); put on index fingertips, then place left finger on right temple and right finger on left temple for balancing the left and right brains.
Resonance: Very low physical oil with profound emotional effects

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