LeSanctuary

Promotes feelings of grounding and protection; aids in self-awareness and spiritual intuition which, in turn, builds wisdom and good judgment

Ingredients: Pine, Ylang Ylang, Spruce, Cedarwood, Vanilla

Affinity for: Soothing to respiratory and nervous systems; emotional balance; all chakras

Aromatic Considerations: soothing; uplifting; promotes feelings of contentment and faith

Application: Apply to solar plexus, brain stem, crown of head, back of neck, behind ears, thymus and wrists; wear as perfume or cologne

Resonance: Very high frequency; can often be used to advantage in place of expensive rose oil.

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