LeTenda Care

Muscle relaxant, anti-inflammatory and pain relieving; excellent as a massage oil

Ingredients: Eucalyptus, Marjoram, Thyme, Juniper, Spikenard, Tea Tree, Peppermint, Wintergreen, Lemongrass

Affinity for: muscles, bones, skin

Application: Place carrier oil in the palm of your hand, add a few drops of Tenda Care and use as a massage oil for tired, overworked muscles or just to help you relax at the end of a long day. Add a few drops to the bath as an muscle relaxant and over-all tonic.

Resonance: physical

Comments: Essential oils added to a carrier immediately begin to 'break down'; following the method described above will insure that the oils are potent and effective each time you use them.

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