LeVitality

Excellent for the cardiovascular, circulatory and lymphatic systems; use for all heart related conditions; high blood pressure; stress reduction; varicose veins; shock, and to increase stamina among the sick or the elderly; for use in treating hemorrhoids (dilute well here).

Ingredients: Palmarosa, Helichrysum, Ylang Ylang, Balsam, Cypress, Marjoram, Geranium

Affinity for: cardiovascular system; root and crown chakras - connection to both Heaven and Earth

Aromatic Considerations: Use for shock or to increase vitality, energy and stamina

Application: Apply over the heart or on heart points on the feet; heart points under left ring finger and left ring toe, on the arm just above the elbow, and on the arteries of the neck; massage along the spine between the 1st and 4th thoracic vertebrae.

Resonance: physical

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