LeWeightless

Is a delightful blend designed to function on both the physical and emotional planes - the physical by helping to increase metabolism and burn fat and the emotional by lightening the weight of your own negativity which is often the 'trigger' for binge eating.

Ingredients: Grapefruit, Lemon, Sage, Basil, Lime
Affinity for: emotional balance; digestive system
Aromatic Considerations: uplifting; stimulates positive and creative thinking
Application: Diffuse; put in the bath; wrists; dilute for a full body massage.
Resonance: physical and emotional

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