LeWisdom

Mood lifting; dealing with loss; repressed emotions; resistance to change. Used in emotional clearing and Inner Child work to establish a firm presence in the present time and situation.

Ingredients: Ylang Ylang, Orange Sweet, Lemon, Neroli, Spruce

Affinity for: emotional balance and stability; sacral, throat and crown chakras

Aromatic Considerations: uplifting; centering; calming

Application: apply clockwise to the thymus, chest

Resonance: physical and emotional

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