Grapefruit *(Citrus paradisi)*

Good for eating disorders as well as liver, kidney and lymphatic problems. It acts as a tonic to many body systems and is specific for depression, migraine headaches, pre-menstrual tension and water retention. Other valuable uses: Muscle fatigue, stiffness, cellulite, acne, mental exhaustion, hangovers, fluid retention, antiseptic, disinfectant, detoxification, drug withdrawal, dyspepsia, eating disorders (anorexia, etc.), gall stones, jet lag, kidney and liver disorders, pre-menstrual tension, and edema.

Ingredient In: LeEverlasting, LeHeart Song, LeMy-graine, LePurify, LeSego Lily, LeSunburst, LeWake-up LeWeightless

Therapeutic Properties: Tonic, digestive, antiseptic, anti-infections, restorative

Application: Apply to appropriate areas of the feed, directly on area of concern

Aromatic: Uplifting to the mind, hard to be negative or anxious about anything in the presence of this oil

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