Lemon *(Citrus limon)*

Has a beautiful fragrance which is invigorating & warming. Valuable Uses: anxiety, blood pressure, debility, digestive problems, fever, gallstones, lymphatic system cleansing, memory improvement, nervous conditions, respiratory problems, sore throat, water purification, colds and flu, skin care, and general tonic.

Ingredient In: LeAssurance, LeBeloved, LeBenediction, LeBreezy, LeDeliverance, LeEverlasting, LeHeart Song, LeInside-Out, LeIQ, LeLetting Go, LeLife Force, LeRevitalize, LeSunburst, LeTenda Care, LeTrust, LeTurmoil, LeVision, LeWeightless, LeWhispering Hope, LeWisdom

Therapeutic Properties: Antibiotic, sedative, carminative, diuretic, hemostatic, astringent, digestive, immunostimulant, antidepressant, stimulant, antiseptic, febrifuge, calmative, antispasmodic, anti sclerotic, depurative, vermifuge, cicatrisive

Application: Apply to appropriate areas on the feet, directly on areas of concern

Aromatic: Light and refreshing while balancing nervous system and relieving symptoms of fatigue, helps reduce cellulite deposits

Contra-indications: Use caution when applying neat to the skin and before exposure to the sun; probably best not to apply to skin before exposure to the sun

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