Lemongrass *(Cymbopogon flexuosus)*

Improves circulation, regenerates connective tissue and repairs ligaments, improves digestion and eyesight, clears infections and wakes up the lymphatic system. Lemongrass gets oxygen flowing and repairs parasympathetic nerves. It also purifies and disinfects. Most Valuable Uses: Infections, acne, general tonic, diuretic, nervous conditions, cellulite, skin care, bladder & kidney disorders, edema, varicose veins.

Ingredient In: LeDeeper, LeEnergy, LeInside-Out, LePurify, LeSunburst, LeWake-up

Therapeutic Properties: Astringent, tonic, calmative, antiseptic, anti-infectious, diuretic, digestive, anti-parasitic, depurative, nervine

Application: Apply to appropriate areas of the feet, directly to areas of concern

Aromatic: Like all citrus oils, light and refreshing with an uplifting effect on mood and attitude

Contra-indications: Overuse can cause extreme skin irritation

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