Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.

Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.

Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.

Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.

Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.

Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.

Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.

Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.

Wintergreen *(Gaultheria procumbens)*

Often listed in the literature as a dangerous oil that is contraindicated for just about anything. However, according to Robert Tisserand - a world renowned aroma therapist - this listing makes little real difference since for the last 40 years or so the essential oil marketed as 'wintergreen' is really a form of 'birch' and is very safe and effective as an analgesic (pain reliever). (See Birch for any contra-indications) It smells wonderful and adds a 'earthy-minty' aroma to any blend (usually a pain formula of some kind) that it is added to.

Ingredient In: LeDeeper, LeTenda Care
Therapeutic Properties: analgesic, anti-inflammatory, anti-rheumatic, antiseptic, antispasmodic, disinfectant, diuretic, warming
Application: Apply to appropriate areas of the feet or directly to areas of concern on the body being sure to dilute well, diffuse
Aromatic: Cleansing and opening to the physical senses
Contra-indications: High methyl salicylate content - some people can be very allergic, always test a small area first. Avoid during pregnancy of if epileptic. Best if diluted with a carrier oil.