

Foot Zone Syllabus

Butterfly Miracles is a **Foot Zone** based class and so much more. We believe that in order to be an effective zonest you must have an understanding of **Anatomy** as well as a background in **Energy**. **Natural Remedies** will be discussed in every class. Below is an example of an average class.

Class 1

Intro to Foot Zone Therapy
Area 1 of the Foot Zone
Drawing and Zoning w/Mentors
Introduction to Body Systems
Bach Flower Remedies
Muscle Testing
Basic Energy Techniques
Energy Eights

Class 2

Area 2 of the Foot Zone
Drawing and Zoning w/Mentors
Integumentary System
Skeletal System and Joints
Muscular System
Advanced Energy Techniques
Seeing and Feeling Energy
Energy Circuit
Intention

Class 3

Area 3 of the Foot Zone
Drawing and Zoning w/mentors
Lymph and Vascular System
Spleen
Immune System
Tissue Salt Remedies
Advanced Muscle Testing
Craniosacral Unwinding Techniques
(as applied to the feet)
Chinese Body Systems

Class 4

Area 4 of the Foot Zone
Zoning w/Mentors
Drawing Body Systems on Feet
Yin/Yang
Chakras, How to Work With Them
Auric Fields

Class 5

Zoning w/Mentors
Digestive System
Liver
ESR/PSR
Meridians
Golden Acupressure Points

Class 6

Zoning w/Mentors
Nervous System
Hi-Speed Matrix
Putting In / Pulling Off Energy
Meridian Exercises

Class 7

Zoning w/Mentors
Cardiovascular System
Cardiopulmonary System
Circulatory System
Heart Wall Energy Blockage
4-Chambered Heart Meditation
Emotions and Physical Illness
Segment or two of Byron Katie

Class 8

Zoning w/Mentors
What Feels Like What
Endocrine System
Respiratory System
Urinary System
Energy Work Fatigue

Class 9

Testing What Feels Like What
Testing - Zone and Anatomy
Reproductive System
Graduation!!!!

Price \$1800.00.

We are recognized by the State of Utah. Graduates are automatic members and covered in all respects required by Utah's legislation.