LeAustyn

This blend is especially suited to teenagers as they begin to transition from childhood to adulthood. It can help them stay grounded in their beliefs, soothe nervousness and anxiety, and let them feel more emotionally stable. LeAustyn is helpful for regulating and maintaining the thyroid, hypothalamus, and nervous system. It brings circulation, increased blood flow, and oxygen to cells. It contains essential oils that are known for being gently stimulating, raising energy levels, and encouraging lymphatic drainage.

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