LeRefreshMint

LeRefreshMint contains essential oils blended synergistically to promote gum health, kill a wide variety of bacteria, and leave behind a refreshing, clean taste and sensation. Place 2 to 5 drops of LeRefreshMint in the bottom of a small bathroom paper cup; add enough water for a mouthful or two. Stir the oil vigorously into the water. Swish in the mouth and gargle for at least 60 seconds two or more times a day to promote healthy gums.

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