

## QUICK REFERENCE SHEET

# LeBeMine

Essential Oil Blend

Benzoin, Bergamot, Vanilla CO2



### APPLICATION:

LeBeMine can be applied to any area of the body, used in the bath, and is very nice when diffused.

### AROMATIC CONSIDERATIONS:

LeBeMine has a sweet citrus smell with a rich creamy vanilla base note.

### AFFINITY FOR:

aphrodesiac, antidepressant, emotional stability, hormones, liver meridian, immune system, lymphatic system, respiratory system, digestive system

### EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

The high notes of citrus add happiness and cheer to this blend while the Vanilla CO2 and Benzoin add stability and deep contentment with its warm, welcoming, velvety richness. It is a very grounding blend bringing feelings of peace, joy, and contentment. It promotes feelings of love and gratitude for our partners making it a great oil to add to those special moments with your Valentine. February can often be a hard time of year for wintertime depression and LeBeMine was blended with the intent to help you see that spring is just around the corner and you have support from all of nature's wonderful remedies. It is an excellent blend to diffuse to help set a loving, positive, and hopeful atmosphere in your home.

### PHYSICAL ASPECTS:

The essential oils in this blend are great antimicrobial oils, and bacteria does not become resistant to benzoin, making this blend an excellent choice for using as a natural antiseptic. LeBeMine supports the immune system and "melts" away blockages in the lungs, lymphatic vessels, and intestines. It helps you to have more stable emotions and promotes cell regeneration. LeBeMine can help to balance the hormones and remove free radicals from the body.