

## QUICK REFERENCE SHEET

# LeBlack Velvet

*Essential Oil Blend*

Allspice, Jasmine, Magnolia, Orange Blood, Spruce



### APPLICATION:

LeBlack Velvet

### AROMATIC CONSIDERATIONS:

LeBlack Velvet has a rich, deeply comforting aroma. The floral sweetness of Jasmine Sambac and Magnolia is beautifully grounded by the warm spice of Allspice and the forest-like steadiness of Spruce, while Blood Orange lends a gentle brightness. The overall effect is soft, calming, and reassuring.

### AFFINITY FOR:

Emotional release, grief, sorrow, discouragement, stress, nervous tension

### EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

This blend was formulated to offer comfort during seasons of grief, sadness, and emotional heaviness. LeBlack Velvet helps calm emotional turbulence and brings a gentle sense of peace to the heart and mind. It may assist in easing sorrow, quieting anxious thoughts, and encouraging emotional release. For many, it creates a sense of being wrapped in comfort when facing loss, disappointment, or difficult life transitions.

### PHYSICAL ASPECTS:

Because emotional strain often settles into the physical body, LeBlack Velvet may also be supportive for nervous tension, restlessness, emotional exhaustion, and difficulty relaxing. The oils selected for this blend are known for their calming, grounding, and balancing properties, helping the body unwind and return to a more restful state.

### GENERAL INFORMATION:

Because emotional strain often settles into the physical body, LeBlack Velvet may also be supportive for nervous tension, restlessness, emotional exhaustion, and difficulty relaxing. The oils selected for this blend are known for their calming, grounding, and balancing properties, helping the body unwind and return to a more restful state.

Please remember that a blend is, very literally, far more than the sum of its parts. While I am constantly in awe of the healing properties of single essential oils, properly done blends are far more comprehensive, powerful, and can reach deeper than any one of the oils of which they are comprised does singly. This effect is called synergy and is recognized world-wide in essential oil healing circles. This blend literally came together as if by magic or, more accurately, inspiration!