QUICK REFERENCE SHEET

Cassia, Cinnamon Bark, Clove Bud, Frankincense

Carterii, Myrrh, Patchouli, Orange Bitter, Orange Sweet,

Thyme

Le Bountiful Essential Oil Blend

APPLICATION:

LeBountiful can be diluted and worn on the wrists, behind the ears, or as a perfume or cologne. It is sometimes helpful to place a drop or two on the checkbook, on the car dashboard, on a phone, or a wallet. The results are often quite profound.

AROMATIC CONSIDERATIONS:

The intent of this blend is to create feelings of security, generosity, and thankfulness. These feelings then bring the "blessings of heaven" down on our heads.

AFFINITY FOR:

immune system, respiratory system, body's external magnetic field, stomach meridian, pericardium meridian

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

^{Le}Bountiful is specifically designed to affect the energy fields around us and to help us achieve a frequency that attracts goodness into our lives.

^{Le}Bountiful is an aid to our thinking clearly about money issues and lessens the stress in these areas. One of the most outstanding effects of this blend is the feeling of abundance that it creates in our minds and spirits. It simply moderates, or evaporates altogether, any feeling that there is never going to be enough and that there is certainly not enough for everybody to have what they think they need. The absence of these fearful feelings helps us eliminate even the slightest tendencies to greed and selfishness.

Benevolence is the best word I can find to describe the feeling this blend creates. We find ourselves able to let go of our fear of trusting others, being dependent on them, or needing to ask for help. ^{Le}Bountiful has a profound effect on the things we worry about and how we choose to respond to these situations.

PHYSICAL ASPECTS:

Butterfly Express

^{Le}Bountiful

: Cassia, Cinnamon Bark, Cl ukincense, Myrrh, Patchouli,

^{Lo}Bountiful is also beneficial to the brain in other ways. It seems to clear the mind and rejuvenate sluggish thought processes. This blend can be stimulating and energizing if we are feeling tired and worn down. ^{Lo}Bountiful is also an immune support and stimulant. ^{Lo}Bountiful can be used as a decongestant for the lungs during bronchitis or pneumonia. Use of ^{Lo}Bountiful at these times provides a needed boost in energy and mood.

GENERAL INFORMATION:

This is an oil of "attraction." As we develop an attitude of abundance we find that we receive what we need to make us balanced, whether it is physical, emotional, or spiritual. In other words, the more you give, the more you receive.