QUICK REFERENCE SHEET

LeBreezey

Essential Oil Blend

Basil, Birch, Eucalyptus Globulus, Lemon, Peppermint Piperita, Ravensara

APPLICATION:

LeBreezey should be diluted and rubbed on the chest or back. It can also be diffused or placed on your pillow at night.

AROMATIC CONSIDERATIONS:

LeBreezey opens bronchial and sinus passages very effectively and has been successful in alleviating snoring.

AFFINITY FOR:

respiratory system, immune system, skin, muscles

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

While generally thought of as an oil for physical illness, the aroma of LeBreezey lifts the spirits and brings a sense of confidence and self-worth.

PHYSICAL ASPECTS:

LeBreezey, besides being very effective in times of illness, is an excellent respiratory tonic and immune stimulant. The inclusion of Ravensara oil creates viral fighting and tissue rebuilding properties, especially for the lung and bronchial tissues. This blend should also be tried for colds, asthma, allergies, sinus congestion, and flu. LeBreezey makes an excellent muscle relaxant and pain reliever when you do not have LeWarmDown or LeDeeper handy and you have strained a muscle.

GENERAL INFORMATION:

LeBreezey is often used alternately with LeAspire.

©2020 Butterfly Expressions LLC