QUICK REFERENCE SHEET

LeCandila

Essential Oil Blend

Cypress, Lavender Officinalis, Manuka, Mountain Savory, Tagette, Tea Tree, Rosemary Camphor, Ylang II

APPLICATION:

LeCandila should be diluted well and applied to affected areas. If you use this blend as a douche for vaginal candida, be sure to dilute very well!

AFFINITY FOR:

immune system, reproductive system, digestive system, skin

PHYSICAL ASPECTS:

LeCandila was created for use against thrush, candida, and vaginal yeast type infections. LeCandila is not a "magic bullet"—there is no such thing, really. To eradicate a candida overgrowth you must make dietary changes. The use of a good quality acidophilus or pro-biotic is also recommended. A Vitamin E supplement in your diet may also be of benefit.

GENERAL INFORMATION:

Most of us will have some sort of systemic yeast overgrowth at one time or another during our lives. This will probably be due to a diet which is too acidic or taking antibiotics. Even a brief period of an acidic diet, such as during the holiday season, can produce an acidic enough environment to cause an outbreak of candida. A round of antibiotics, if we find it necessary to subject ourselves to such a regimen, can also create the optimal environment for a candida overgrowth. LeCandila, and a product carried by Butterfly Express LLC, called Candida Support, can be very beneficial in keeping yeast from multiplying out of control.

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