

QUICK REFERENCE SHEET

LeCherish

Essential Oil Blend

Cistus, Jasmine Grandiflorum, Osmanthus



APPLICATION:

Diffuse or wear on the body.

AROMATIC CONSIDERATIONS:

Osmanthus and Jasmine are members of the same exotic family and are used, in the perfume industry, in only the most costly and extraordinary of fragrances. These essential oils are among the most expensive and desirable of fragrances. They are multi-faceted and multi-dimensional, impacting the senses and the energy one layer after another. Jasmine is very concentrated, heady, and sensual, and reaches the core of the feminine where it magnifies qualities of strength and courage.

In LeCherish, the intense aroma of the Jasmine is moderated by Osmanthus and Cistus making this blend both delightful and powerful.

AFFINITY FOR:

hormone balance, urinary tract, lymphatic system, respiratory system, nervous system, immune system, skin, nerves, heart and crown chakras, triple warmer meridian, kidney meridian, solar plexus chakra, balances yin and yang

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

LeCherish is of equal value to both men and women as it helps us develop and emphasize inner courage, strength of character, and clarity of purpose, while at the same time, filling our souls with greater reserves of sensitivity and compassion. The aroma of this blend encourages us to set our feet on a path that will help us reach a higher plateau.

A very special aspect of LeCherish is utilized as this high frequency blend helps us rebuild our emotional balance and gain perspective in the aftermath of quarrels, traumatic events, the loss of a loved one, or the loss of a cherished hope or dream. This intense blend requires the use of only a drop or two at a time.

PHYSICAL ASPECTS:

Since so many of our physical ailments, especially the chronic ones, are driven by our emotions, high frequency blends such as LeCherish impact the physical body on every level. LeCherish is an excellent blend for use in skin care because it promotes elasticity and tone in the tissues.

Jasmine is used during childbirth to improve elasticity, strengthen the contractions and, at the same time, ease the intensity of the pain. Some women find the aroma of Jasmine too intense at this time. I believe LeCherish is going to prove itself in these situations.