

## QUICK REFERENCE SHEET

# LeChristmas in the Air

### Essential Oil Blend

Cedarwood, Juniper Berry, Spruce Picea, Pine Needle



### GENERAL INFORMATION:

Christmas trees! Every year I go up the canyon with my family to cut down our Christmas trees. That is what this blend reminds me of, the smell of fresh pine trees and snow, and spending quality time with family. I love the smell of a real Christmas tree in my house. With this blend, your house can smell like that whenever you want, and if you use a fake Christmas tree you can still have the real Christmas tree smell! LeChristmas in the Air is a very grounding oil, providing emotional stability and clarity of mind. It enhances feelings of security and protection, making you feel warm and safe. This oil also promotes gratitude, compassion, wisdom, understanding, and integrity. It is very relaxing and reduces tension.