

QUICK REFERENCE SHEET

LeCrystal Clear

Essential Oil Blend

Basil, Peppermint Arvensis, Peppermint Piperita,
Rosemary Camphor, Saro



APPLICATION:

LeCrystal Clear can be applied on the brow, along the back of the neck, on the wrists, and on the temples. It is also useful diffused or placed, 1 or 2 drops only, in a bath. A few drops on a cotton ball placed next to you will help keep you alert and awake for a project that needs finishing.

AROMATIC

CONSIDERATIONS:

LeCrystal Clear diffused or inhaled clears and energizes the mind and increases mental alertness.

AFFINITY FOR:

brain, nervous system, brow chakra, solar plexus chakra, emotional balancing

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

This blend is very effective when studying or needing to remember difficult or complicated data. It helps to organize the thought processes, allowing more accurate recall later.

PHYSICAL ASPECTS:

LeCrystal Clear is nourishing to the nerves, the adrenal cortex, and the cardiovascular system. This is one of the best essential oil blends for the treatment of impending shock. LeCrystal Clear can help to balance hormones and bring relief from headaches that are associated with hormone imbalances.

GENERAL INFORMATION:

There are three blends by Butterfly Express LLC, which help with mental alertness. These are LeCrystal Clear, LeFocus, and LeIQ.