QUICK REFERENCE SHEET

LeDeeper

Essential Oil Blend

Birch, Eucalyptus Globulus, Helichrysum Angustifolia, Fir Balsam, Lemongrass, Myrrh, Peppermint Piperita, Spruce Picea, Wintergreen

APPLICATION:

LeDeeper should be diluted whenever it is applied to the skin. This is an excellent oil for use in the bath.

AFFINITY FOR:

muscles, bones, nerves

PHYSICAL ASPECTS:

LeDeeper contains penetrating, anti-inflammatory oils which aids in relieving pain that is deep in the tissues and nerves. It is useful for sciatica, arthritis, osteoarthritis, the pain of osteoporosis, sprains, and injuries where there is bruising and/or nerve damage.

LeDeeper increases blood and lymph circulation to the extremities, making it an effective choice for neuropathy and fibromyalgia. This blend often brings instant relief when applied to the abdomen and back for pre-menstrual cramps. Other important uses for LeDeeper are pain relief with shingles and bursitis.

Since my own family is prone to injuring themselves seriously and regularly, this blend has been worked with and "tweaked" until it is near perfection, in my opinion.

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