

## QUICK REFERENCE SHEET

# LeDelicate

Essential Oil Blend

Basil, Cypress, Katrafay, Lavender Officinalis, Rosemary Camphor, Sage, Spanish Sage, Thyme



### APPLICATION:

LeDelicate can be applied by adding 3-4 drops to shampoo when washing your hair. For hair loss, try placing 3-4 drops of LeDelicate in your conditioner. Leave the conditioner/ LeDelicate blend in your hair and wrap entire head in a warm towel for 10-15 minutes. Afterwards rinse hair gently. This process should be repeated several times a week until the problem has disappeared.

### AROMATIC CONSIDERATIONS:

The aroma of this blend that remains in the hair after use is pleasant and has an uplifting effect on the mind and the spirit.

### AFFINITY FOR:

hair, scalp, skin

### PHYSICAL ASPECTS:

LeDelicate is a wonderful blend for overall hair health. It seems to help the scalp absorb nutrients making the hair more healthy and vibrant with each use. LeDelicate adds attractive natural highlights. For babies with cradle cap, LeDelicate, diluted with Almond Oil, should be massaged gently into the scalp. Use a very soft brush to dislodge the scaly patches and then rinse or wipe away gently. Use a good quality lotion or LeBaby Me in carrier oil to soothe the baby's scalp after this treatment.

### GENERAL INFORMATION:

Formerly Butterfly Express LLC sold two separate blends for hair health. They were very similar and have now been reformulated into one blend. This new blend retained the name, LeDelicate, because it was so similar to the original LeDelicate blend. In fact, it required only the addition of Basil to complete the properties necessary to duplicate the dandruff fighting properties of the former dandruff blend LeDandy. Spanish Sage replaces the Sage that was formerly used in both blends.

Spanish Sage is slightly milder than Sage and has some delicious Lavender overtones. It is advised to intersperse treatment of the hair and scalp with LeDelicate and LeEternity (as was recommended when using LeDandy). LeEternity aids the absorption of the nutrients that are vital to hair health and is soothing to the scalp.