QUICK REFERENCE SHEET

LeDiminish

Essential Oil Blend

Anise Seed, Chamomile Roman, Clove Bud, Eucalyptus Peppermint, Geranium, Ginger, Lavender Angustifolia, Melissa Pure, Peppermint Piperita, Ravensara, Rosalina

APPLICATION:

LeDiminish can be applied on cold sores, canker sores, or any area of concern. Using Evening Primrose as the carrier is an excellent choice as it has amazing properties for fighting herpes as well. Herpes is a virus that is often the root cause of cold sores. LeDiminish can be used in the bath for it's antiviral properties and immune boosting properties. Put in a diffuser during times of sickness to kill air borne viruses.

AROMATIC CONSIDERATIONS:

LeDiminish has a soft herbal aroma with slight hints of the sweetness of the mint peeking through.

AFFINITY FOR:

immune system, lymphatic System, chi energy, muscular system

CAUTIONS:

Always dilute this blend when using on children or people with sensitive skin. For cold sores, Evening Primrose carrier oil is the most beneficial choice for dilution.

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

LeDiminish is an excellent choice when we are feeling emotional or physical stress. The essential oils contained in LeDiminish have an affinity for dispelling negative emotions, soothing and calming our spirits and helping us feel the love that is surrounding each of us. The synergy of this blend will promote faith, strengthen our willpower, and restore our determination. There are numerous physical reasons we get cold sores: hormones, sunlight, cold, dehydration, low immune function, etc. but we also need to consider the emotional aspects of cold sores in order to achieve better success with healing them. High levels of stress also play a major role in cold sores. Stress is very hard on the body and will deplete our immune systems, and vital energy. Emotionally speaking cold sores can represent such things as what we may want to say but cannot, not feeling like we can ask for help, constant worry that you may not be able to express, and repressed anger that you are not speaking. LeDiminish is formulated for all these emotional and physical aspects. Reach for LeDiminish when you need to dispel negative emotions and help you to be able to speak your truth.

PHYSICAL ASPECTS:

LeDiminish was blended with some of the best "gentle" antiviral essential oils that I could find. It was formulated to dab on cold sores without the pain and sting associated with some of the stronger essential oils commonly used to treat cold sores. Don't be fooled into thinking that it doesn't work though! I formulated this blend to aid healing, soothe and relieve pain, and not hurt almost as bad as the cold sore when applying it! This blend has been helpful for canker sores, shingles, MRSA, and viral infections. It contains essential oils that will rebuild and repair damaged skin and nerves, soothe inflamed skin, and boost immune function. This blend may be used long-term to help manage stress and build the immune system.

GENERAL INFORMATION:

LeDiminish has more uses than just for cold sores and canker sores. Use it anytime you suspect you are dealing with a virus. I wanted a strongly antiviral blend that would be gentle enough that I could put it on children but strong enough to fight the nasty viruses. You could layer this blend with LeDeliverance or LeSpiceC for extra immune-boosting properties.

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