

QUICK REFERENCE SHEET

LeEmerge

Essential Oil Blend

Basil, Celery Seed, Geranium, Lemon, Rosemary
Camphor, Spearmint



APPLICATION:

LeEmerge should be applied topically to the abdomen, especially over the liver and gallbladder area.

AROMATIC CONSIDERATIONS:

This blend is a unique combination of energizing and soothing.

AFFINITY FOR:

digestive system (especially gallbladder and liver), lymphatic system, kidneys, endocrine system

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

The emotional aspects of the gallbladder aid us in digesting or processing our emotions. Problems with the gallbladder usually indicate trouble dealing with our feelings, particularly anger and frustration. All of the digestive organs suffer when we are afraid or reluctant to honor our feelings. When we don't process our emotions, we eventually end up with energy imbalances and blockages. LeEmerge helps us process our feelings, and release any blockages or imbalances we may have. LeEmerge is energizing and uplifting, and allows us to see what we can do to continue to heal. It is a good oil for treating depression, stabilizing mood swings, calming anxiety, hysteria, and to help us "digest" and honor all of our complex emotions.

PHYSICAL ASPECTS:

This blend was made specifically for the gall bladder and liver, though it has an affinity for the entire digestive system, kidneys, and pancreas. LeEmerge can be used as a very effective liver and lymphatic cleanse. It discharges toxins from the liver and blood, and dilates the bile ducts, decongesting the liver and aiding liver, gallbladder, and kidney function. While it cleanses the liver, it also stimulates the pancreas and the entire endocrine system, and helps strengthen and restore normal function to the organs and systems of the body. LeEmerge can aid in passing gallstones, and is beneficial for jaundice and other liver disorders.

LeEmerge has a calming and strengthening effect on the digestive system and is useful for a long list of digestive issues such as indigestion, nausea and vomiting, flatulence, hiccups, abdominal cramps and spasms, colitis, bloating, gastric ulcers, diarrhea, and overindulgence of food or drink. LeEmerge increases the elimination of uric acid from the kidney, and can bring relief from gout, water retention, edema, and kidney stones.