

QUICK REFERENCE SHEET

LeEndoRelief

Essential Oil Blend

Coriander, Cumin, Cypress, Dill, Geranium, Myrtle, Nutmeg, Oregano Wild, Petitgrain, Sage



APPLICATION:

LeEndoRelief should be applied to the lymph glands of the neck, chest, and armpits whenever a cold, sore throat, or flu is suspected. Using LeEndoRelief early, before the illness is fully developed will lessen its severity.

AROMATIC CONSIDERATIONS:

This blend is best applied to the body.

AFFINITY FOR:

endocrine system, pineal gland, lymph system, pituitary gland, emotional boundaries

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

LeEndoRelief aids our emotional health because it strengthens and balances the wide range of organs and glands that make up the endocrine system. As our bodies and minds begin to function better, we feel more secure in ourselves. We are able to establish (or reestablish) boundaries between ourselves and others. This does not mean that we become prickly or rude; it enables us to be tactful and firm while still being kind and concerned.

PHYSICAL ASPECTS:

With improved endocrine function comes improved vitality and metabolism. Our weight naturally balances and we have enough energy to last through the day (and into the night, if we need to). As an endocrine system balancer, LeEndoRelief can have a beneficial effect on any ailment that is related to endocrine organs such as the thyroid, pancreas, pineal and pituitary glands, parathyroid, thymus, and adrenal glands. This makes LeEndoRelief useful for such things as diabetes, hypoglycemia, bladder and kidney infections, candida, and so much more. Support of the thyroid and parathyroids aids the proper absorption of calcium. Calcium absorption affects such things as the prevention of gallstones, kidney stones, arthritis, and osteoporosis. LeEndoRelief regulates hot flashes and moderates the other symptoms of menopause because the hormones balance as the endocrine system function improves.