

QUICK REFERENCE SHEET

LeHousewarming

Essential Oil Blend

Benzoin, Cassia, Orange Sweet Dark, Vanilla



APPLICATION:

LeHousewarming should be diffused.

AROMATIC CONSIDERATIONS:

LeHousewarming is an oil that is meant to be diffused, rather than worn on the body or inhaled. In fact, the strong aroma of Cassia in this blend can produce a burning sensation in the nostrils if whiffed directly from the aromatherapy bottle and may be irritating to the skin.

AFFINITY FOR:

nervous system, respiratory system, immune system, lymphatic system, heart and sacral chakras, governing vessel meridian, pericardium meridian, emotions

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

LeHousewarming, diffused, creates an atmosphere of welcome and warmth in a home or office. This blend stimulates our thinking and encourages us to seek new solutions to problems and to look at long-standing relationships in new ways.

PHYSICAL ASPECTS:

Gently, insistently stimulating, LeHousewarming strengthens the immune systems of those present by removing free radicals and stimulating T-lymphocyte activity and immunoglobulin production. The Cassia, which is the signature essential oil in this blend, is renowned as a powerful oxygenator. Cassia is also considered to be a cardiovascular tonic and is known to be one of the most strongly antimicrobial essential oils. It is amazing to me that something that fills the home with such a wonderful aroma can be so good for us at the same time.