

QUICK REFERENCE SHEET

LeIntention

Essential Oil Blend

Benzoin, Grapefruit White, Lime, Orange Sweet,
Tonka Bean, Vanilla



APPLICATION:

LeIntention makes an excellent massage oil. It may be applied anywhere on the body, used in the bath, and diffused.

AROMATIC CONSIDERATIONS:

The inhalation of LeIntention is usually followed by a big sigh as stress is released and burdens lifted.

AFFINITY FOR:

lymphatic system, immune system, nerves, digestive system, circulation, capillary health, hormone balance, metabolism, governing vessel meridian, liver/gallbladder meridian, solar plexus and heart chakras

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

LeIntention is for those times in our life (every day?) when life gets too intense and crazy, or we need peace as we contemplate the craziness of the world in which we live. LeIntention both stimulates and calms the amygdala, a glandular center in the brain that is often referred to as “the solution center.” This blend is useful in helping us find solutions to problems and situations that we may not have previously considered but then turn out to be just right. Life consistently presents us with challenges and struggles. The essential oils in LeIntention help us cope, increasing our overall satisfaction with our lives and ourselves.

PHYSICAL ASPECTS:

The essential oils of which LeIntention is comprised affect the absorption of nutrients and the metabolic function of the body. This blend improves the digestive function, tones and cleanses the liver, and prevents gallbladder inflammation and the production of gallstones. Because of its effect on capillary and vein health, this blend stabilizes blood pressure fluctuations, tightens and tones the skin and tissues, and increases circulation. Used consistently, LeIntention has a building and sustaining influence on energy levels.