

QUICK REFERENCE SHEET

LeJourney

Essential Oil Blend

Basil, Calamus, Cassia, Cinnamon Bark,
Frankincense Carterii, Frankincense Serrata, Hyssop,
Myrrh, Spikenard



APPLICATION:

Careful dilution is recommended because this blend contains Cinnamon and Cassia. It should be applied to the feet or the chest.

AROMATIC CONSIDERATIONS:

Because of the Cinnamon, Cassia, and Calamus contained in this blend, LeJourney is recommended for only short periods of diffusing at any given time. Care should be taken not to “burn” the nostrils when inhaling or diffusing this blend of oils.

AFFINITY FOR:

immune system

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

LeJourney gives us a sense of harmony with ourselves and an increased ability to learn from the experiences of our lives.

PHYSICAL ASPECTS:

LeJourney is comprised of essential oils mentioned in the Bible (see Exodus, chapter 30). It is strongly antiviral and is used to expel disease and dead tissue from the body. LeJourney is an immune stimulant and is effective against colds and flu.