QUICK REFERENCE SHEET

LeMariah

Essential Oil Blend

Bay, Helichrysum Angustifolia, Manuka, Opoponax, Peppermint Piperita, Ravensara, Rosalina, Spearmint, Spikenard, Thyme, Turmeric

APPLICATION:

LeMariah should be applied, diluted, to the chest and back at frequent intervals.

AROMATIC CONSIDERATIONS:

LeMariah should be diffused near the patient to aid in clearing the lungs.

AFFINITY FOR:

respiratory system, immune system

PHYSICAL ASPECTS:

This blend was specifically designed for use against the new flu strains that are giving people such a scare today. It seems to be the nature of these new strains to manifest very differently from one person to another. One person may sustain more damage to the circulatory system while another person may be hit hardest in the lung and respiratory areas. The strength of this blend lies in its antiviral/antibacterial properties and in its ability to clear and support the lungs. LeMariah should be used in conjunction with LeRevitalize for endocrine support to increase energy and stamina. Use LeMariah in conjunction with LeVitality to strengthen the heart.

©2020 Butterfly Expressions LLC