QUICK REFERENCE SHEET

LePatches

Essential Oil Blend

Frankincense Carterii, Gingergrass, Rosalina, Rosewood, Peppermint Piperita, Spruce Picea

APPLICATION:

LePatches should be diluted and applied at the site of the pain or injury. LePatches is excellent as a compress and as a general massage oil.

AFFINITY FOR:

nerves, bones, joints, muscles, tendons, ligaments, all 5 subtle bodies, all of the meridians, all of the chakras

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

LePatches heals the damaged and broken energy places in the chakras and meridians. It helps the various layers of our bodies (physical, emotional, spiritual, and mental) work together and communicate freely with each other. "Patching" us up (actually healing us is a better description) on every level is what this essential oil blend is good for.

PHYSICAL ASPECTS:

LePatches was designed for the repair and healing of damaged tissues, tendons, and ligaments. LePatches is strongly anti-inflammatory, making it effective in restoring motion to inflamed and swollen joints. LePatches promotes quicker and more complete healing by inducing oxygen and blood flow to the injured tissue. LePatches should be used for sports and other injuries, muscle spasms, torn ligaments and tendons, bruises, and bursitis. This blend, applied to the neck and shoulders, is useful for headaches that are produced by tension, stress, and the tightening of the muscles in the neck or upper back. LePatches is an excellent oil for improving and restoring circulation.

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