QUICK REFERENCE SHEET

LeSpiceC

Essential Oil Blend

Cinnamon Bark, Clove Bud, Eucalyptus Radiata, Lemon, Lemon Myrtle, Orange Sweet, Rosemary Camphor

APPLICATION:

LeSpiceC can be added to water to soak toothbrushes or used as a gargle for sore throats. This blend needs to be diluted well to be applied to the skin.

AROMATIC CONSIDERATIONS:

LeSpiceC should be diffused periodically during the cold and flu season.

AFFINITY FOR:

immune system, lymphatic system, respiratory system

PHYSICAL ASPECTS:

LeSpiceC is similar to LeDeliverance, but has a stronger Cinnamon aroma and no Oregano or Thyme. Because the leaf/herb essential oils of Oregano and Thyme are missing, this blend tastes better on a toothbrush and has a more pleasant aroma.
This blend is antiviral, antibacterial, antifungal, etc. LeSpiceC strengthens the immune system. It (or LeDeliverance) should be used for respiratory illnesses, colds, sore throats, bronchitis, flu, and nervous exhaustion.

GENERAL INFORMATION:

This is an excellent blend for diffusing during the cold and flu season.

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