## **QUICK REFERENCE SHEET**

## Le Spice is Nice Essential Oil Blend

Butterfly Express

Allspice, Cinnamon Bark, Frankincense Serrata, Ginger CO2, Orange Sweet, Nutmeg, Spruce Picea



## **GENERAL INFORMATION:**

This blend reminds me of all the delicious warm drinks you have in the holiday season, apple cider,

eggnog, pumpkin spice, and my personal favorite, chai tea. <sup>La</sup>Spice is Nice provides an emotional and physical lift, kindling a fire within our souls, creating a passion for life, and boosting our drive and ambition. It also promotes feelings of well-being, happiness, and peace.