

QUICK REFERENCE SHEET

LeUnDone

Essential Oil Blend

Geranium, Helichrysum Angustifolia, Neroli, Sandalwood,
Rosewood, Vetiver



APPLICATION:

LeUnDone makes an excellent massage oil. It may be applied anywhere on the body, used in the bath, and diffused.

AROMATIC CONSIDERATIONS:

Vetiver—a key ingredient in this blend—is physically, mentally, spiritually, emotionally, and psychologically grounding but does not have, in my opinion, a pleasant aroma as a single. This blend, so well done synergistically, utilizes some very pleasingly aromatic and healing oils to emphasize the wonderful properties of Vetiver and achieves an astonishingly delightful aroma at the same time (a blending accomplishment I didn't think could be done with Vetiver until now!)

AFFINITY FOR:

skin, joints, nerves, red blood cells, muscles, cellular structure, lymphatic system, central vessel meridian, balance yin and yang

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

A physical scar is created when a wound does not heal properly; an emotional scar forms for the same reason. The area of the body that is refusing to relinquish and heal scar tissue can give us clues as to what emotional wounding we may also be hanging onto. The oils comprising this blend address a wide spectrum of emotional issues and can help us reach a level of understanding where further healing can be achieved.

PHYSICAL ASPECTS:

LeUnDone heals scarring—emotional and physical, inside and out. This blend is useful for any area that has been damaged whether the scarring has occurred on the surface of the body or internally (such as a damaged liver or the trauma sustained from a C-section).

The oils in LeUnDone are considered to be cytophylactics—they regenerate and rebuild tissues. Our amazing bodies are continually replacing old cells with new. Unfortunately, when scar tissue has formed, the new cells pattern themselves after the damaged cell structures. LeUnDone encourages new cell growth that is patterned after the original cellular blueprint rather than replicating the damaged pattern.