## **QUICK REFERENCE SHEET**

# **LeUnity**

Essential Oil Blend











#### **APPLICATION:**

LeUnity can be applied over each chakra, beginning at the base and working up to the crown. It can be applied on the feet, over the heart, and on areas of poor circulation.

#### **AROMATIC CONSIDERATIONS:**

<sup>10</sup>Unity should be diffused in groups where incompatibility or quarrelsomeness is a problem. Use it in the home to increase peace and cooperation.

#### **AFFINITY FOR:**

emotional balance, every chakra, liver meridian, spiritual growth, small intestine meridian

### **EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:**

LeUnity promotes harmony within ourselves, with others around us, and with our Creator. It helps us work with others in a relationship of cooperation, patience, and tolerance. This is the greatest essential oil product I know of for fostering a sense of physical and mental well-being. It can rid us of stubbornness, anger, judgment, and jealousy. Frequent use can promote unity among family members. This essential oil blend has to be experienced to be believed.

If LeBenediction is not providing enough protection from other people's energies for you, try adding LeUnity, too. This blend, like LeBountiful, fosters a sense of abundance and appreciation in our hearts.

#### PHYSICAL ASPECTS:

One of the great strengths of LeUnity is its ability to balance every chakra to the extent of greatly minimizing or eliminating altogether any reaction from overuse of essential oils. This is very useful for children who get into essential oils that have been left lying around the house. Many times the balancing of all of the chakras eliminates or minimizes any allergic reaction. LeUnity makes a good deodorant.

#### GENERAL INFORMATION:

LeUnity can be used to eliminate or minimize reactions to oils that are caused by suppressed emotions or a toxic physical body. Apply the oil to the palms of the hands and place one hand over the navel and the other hand over the thymus. Hold for 20 seconds and then reverse the position of the hands and hold for another 20 seconds or more. This really works! This procedure is also effective for grounding and balancing in a multitude of situations.