

QUICK REFERENCE SHEET

LeWoodland Path

Essential Oil Blend

Chamomile German, Cypress, Galbanum, Lemongrass,
Vetiver, Violet Leaf



APPLICATION:

This blend is very nice diffused, applied to the back of the neck, wrists, or on your feet.

AROMATIC CONSIDERATIONS:

This blend has herbal tones that remind you of walking in the woods which is very grounding to all systems of the body. This is a good oil to bring you back to happy summer days spent among nature's greenery.

AFFINITY FOR:

nervous system, lymphatic drainage, solar plexus, gallbladder meridian, spleen meridian

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

LeWoodland Path is designed to allow us to take a journey down a woodland path, to get a touch of nature, to reconnect with our wonderful Mother Earth. Use to relieve stress, center yourself, and begin anew as each spring the woods do.

PHYSICAL ASPECTS:

LeWoodland Path is blended with oils that help the lymphatic system function better which benefits the whole body.