

QUICK REFERENCE SHEET

APRICOT KERNEL

Prenus armeniaca



Extraction Method:
Cold Pressed, Refined



Part Utilized:
Kernel

CONSISTENCY:

light weight, light almost clear color

AROMATIC CONSIDERATIONS:

pleasant, slightly nut scented aroma

APPLICATION:

Apricot Carrier Oil can be used all by itself, 100%.

GENERAL INFORMATION:

Apricot Oil is appropriate for all skin types, but especially effective for sensitive, inflamed, dry, or prematurely aging areas. Apricot Oil is readily absorbed by the skin and leaves very little greasy residue. It is generally non-irritating, making it appropriate for children and infants. There are reports of the benefits of Apricot Kernel Oil for treating mild sunburns.

WHAT IS A CARRIER OIL:

Carrier or base oils are often applied in conjunction with an essential oil. The common industry term for carrier oils is fixed oils. These oils are made from vegetables, nuts, seeds, and flowers. They are considered by many to have therapeutic properties of their own.

Carrier oils are used for several different reasons. One major reason is that pure essential oils are often too concentrated to be applied undiluted to the skin. Adding essential oils to a carrier oil also allows the oil to be spread over a larger application area and to be absorbed more evenly. Many essential oils are quite expensive, and because they are so highly concentrated, one or two drops may be all that you need. The use of a smaller quantity of essential oil is often more beneficial than a larger quantity and is certainly less likely to cause any type of reaction.