

QUICK REFERENCE SHEET

CALENDULA

Calendula officinalis



Infused in:
Almond Oil



Extraction Method:
Cold Pressed



Part Utilized:
Flower



CONSISTENCY:

medium weight, very light yellow color

AROMATIC CONSIDERATIONS:

slight flower aroma

APPLICATION:

Calendula Carrier Oil can be used all by itself, 100%.

GENERAL INFORMATION:

Calendula is one of the best vulnerary (good for the healing of wounds) plants ever. Calendula is anti-inflammatory. It is useful for vein health and circulatory issues such as varicose veins, spider veins and bruises. Calendula is one of the best healers for skin rashes, hives, eczema and psoriasis, leg ulcers, and bed sores that are difficult to heal. Using the appropriate essential oil, coupled with the healing properties of Calendula Infused Oil as a carrier, provides a “double whammy” of healing. Some examples would include: ^{Le}Baby Me for diaper rash or stretch marks; ^{Le}AgeLess for a facial skin conditioner; ^{Le}MelaPlus or ^{Le}Purify on insect bites; and ^{Le}Deeper for the pain of shingles. Calendula would also be good used with Helichrysum on recent injuries to prevent or minimize scarring.

WHAT IS A CARRIER OIL:

Carrier or base oils are often applied in conjunction with an essential oil. The common industry term for carrier oils is fixed oils. These oils are made from vegetables, nuts, seeds, and flowers. They are considered by many to have therapeutic properties of their own.

Carrier oils are used for several different reasons. One major reason is that pure essential oils are often too concentrated to be applied undiluted to the skin. Adding essential oils to a carrier oil also allows the oil to be spread over a larger application area and to be absorbed more evenly. Many essential oils are quite expensive, and because they are so highly concentrated, one or two drops may be all that you need. The use of a smaller quantity of essential oil is often more beneficial than a larger quantity and is certainly less likely to cause any type of reaction.