

## QUICK REFERENCE SHEET

# NEEM

*Azadirachta indica*



Extraction Method:  
Cold Pressed, Virgin



Part Utilized:  
Seed

### CONSISTENCY:

semi solid, bright yellow color

### AROMATIC CONSIDERATIONS:

Virgin Neem Oil has a VERY powerful, VERY unpleasant, herbaceous aroma that can be likened to a mixture of peanut and garlic aromas.

### APPLICATION:

Can be used 100% by itself.



### CAUTIONS:

Neem has been used as a traditional Ayurvedic contraceptive so should be avoided by women who are pregnant or trying to conceive. Individuals with nut allergies should avoid using Neem Carrier Oil, as Neem seeds are essentially Neem "nuts."



### GENERAL INFORMATION:

Neem Carrier is a virgin cold-pressed carrier oil extracted from the fruit kernels of the Neem plant. Natural variation in color ranging from golden yellow, orange, or dark greenish brown is normal for this carrier. Virgin Neem Oil has a VERY powerful, VERY unpleasant, herbaceous aroma that can be likened to a mixture of peanut and garlic aromas. Despite the aroma, many people still consider it worth using because of its many amazing properties. Neem is a thick carrier oil and can even be almost solid when cold.

Neem has been used in India for over 5,000 years and has earned the names "plant with promise," the "village pharmacy," and the "tree of life." Neem is wonderful for the skin. It is full of carotenoids and antioxidants which protect the skin from free radicals, and diminish signs of aging, wrinkles, and age spots. The essential fatty acids and vitamins in Neem improve skin tone, help the elasticity of the skin, and build collagen. Neem is rich in vitamin E and moisturizes the skin on a deep level. Neem conditions and repairs cuticle damage, prevents baldness, and is said to slow the graying of hair.

Neem is antibacterial, antiviral, antiseptic, parasitidal, anti-inflammatory, anti-fungal, anti-oxidant, regulating, and moisturizing. Neem has many beneficial phytochemicals that boost the immune system, combat inflammation, and is said to interfere with the development of cancer cells. Ongoing studies show that Neem may suppress or cause the death of cancerous cells.

Neem has been used as a natural insect repellent for centuries. It will repel ticks, fleas, mosquitos, ants, and kills lice and nits when used topically on the hair.

### WHAT IS A CARRIER OIL:

Carrier or base oils are often applied in conjunction with an essential oil. The common industry term for carrier oils is fixed oils. These oils are made from vegetables, nuts, seeds, and flowers. They are considered by many to have therapeutic properties of their own.

Carrier oils are used for several different reasons. One major reason is that pure essential oils are often too concentrated to be applied undiluted to the skin. Adding essential oils to a carrier oil also allows the oil to be spread over a larger application area and to be absorbed more evenly. Many essential oils are quite expensive, and because they are so highly concentrated, one or two drops may be all that you need. The use of a smaller quantity of essential oil is often more beneficial than a larger quantity and is certainly less likely to cause any type of reaction.