

QUICK REFERENCE SHEET

CAN

(Formerly Candida)

Echinacea, Lobelia, Red Clover, Thyme, Usnea



1.00 Echinacea
1.00 Red Clover
0.50 Lobelia
0.50 Usnea
0.25 Thyme

Total Herbs 3.25 oz
Tincture Ratio - 1:15

CAN is meant to be taken internally to aid in fighting an overgrowth of *Candida albicans*. This formula can also be used for any other bacterial infection that has gone systemic or seems to be particularly virulent in nature.

It is impossible to fight a bacterial infection, especially one that has traveled throughout the body if the diet is acidic. Bacteria thrive in an acidic environment and cannot survive in an alkaline one. If you are a soda pop drinker, your internal environment is off the scale on the acidic side. You will be very prone to bacterial infections and over-growths that will be very difficult to clear up as long as the acidic environment exists. If this is not happening to you yet, and you are a pop drinker, it will certainly do so eventually. Cancer also grows well in an acidic environment, but cannot survive in an alkaline one. The human body is meant to eat a lot of fruits and vegetables and be in an alkaline state.