

## QUICK REFERENCE SHEET

# CC

*(Formerly Children's Compound)*

Elderflower, Mullein Leaf, Mullein Flower, Peppermint,  
Red Clover, Yarrow

0.50 Elderflower  
0.50 Mullein  
0.50 Peppermint  
0.50 Red Clover  
0.50 Yarrow

**Total Herbs 2.5 oz**  
**Glycerin Ratio - 1:16**

CC is an excellent first-response remedy for flu symptoms, colds, and fevers. In this simple formula are herbs to promote a healing sweat, hold fever to just a hot enough degree to kill bacteria, effectively fight infectious agents, and calm and soothe the nerves. CC is one of the finest examples of the synergy of combining herbs into formulas. The sum of the parts, added together, being much greater than the individual parts alone, is a simple definition of synergy.

CC is perfectly balanced to be effective against bacterial, fungal, and strep infections. It rids the body of the excess mucous that is being produced. This is one of the great ones—even for adults. Often CC is the only remedy needed.

The herbs in this formula are particularly potent and pleasant when made using glycerin as the base. Vegetable glycerin has some properties of its own that mix well with these herbs, enhancing the medicinal properties of both the glycerin and the herbs. The glycerin tincture also tastes more pleasant than the alcohol version. It is pleasant enough that most children will take it without even the need to put it in water.