

QUICK REFERENCE SHEET

EUST

(Eustachian or Red Root/Cleavers Formula)

Cleavers, Ginger, Horsetail, Mullein Flower, Mullein Leaf, Nettle, Oregon Grape, Poke Root, Sage, Usnea



0.75 Mullein
0.50 Cleavers
0.50 Usnea
0.25 Horsetail
0.25 Oregon Grape
0.25 Sage
0.25 Nettles
0.125 Ginger
0.125 Poke Root
0.25 Red Root, if desired (not in the Butterfly Express herb pack)

Total Herbs 3.0 oz
Tincture Ratio - 1:20

Endometriosis occurs when the same tissue found in the lining of the uterus is found outside of the uterus. It may attach itself to the outside wall of the uterus. EM dissolves this Endometriosis lining. This is a slow process it may take a while to notice any improvement. A good Nattokinase supplement can help with this as well. This has only been tested by a few women.