

## QUICK REFERENCE SHEET

# LIC

*(Formerly Licorice Combination)*

Bilberry Leaf, Cayenne, Devil's Claw, Ginseng Root,  
Licorice Root, Mullein Flower, Mullein Leaf,  
Oregon Grape, Uva Ursi



1.00 Licorice Root  
0.50 Devil's Claw  
0.50 Oregon Grape  
0.25 Bilberry Leaf  
0.25 Ginseng Root  
0.25 Mullein  
0.25 Uva Ursi  
0.125 Cayenne

**Total Herbs 3.125 oz**  
**Tincture Ratio - 1:8**

Formulated to strengthen adrenal and pancreas function and to regulate blood sugar levels in both hypoglycemia and diabetes. Devil's Claw and Bilberry are specific to blood sugar-related problems. Licorice Root is contra-indicated for those with certain heart problems. Don't become overly concerned about using Licorice Root. If you use some and you fit in the category of people for whom Licorice Root is contra-indicated, you will only feel an increase in your pulse. This is plenty of warning to avoid Licorice Root in the future. If this is a factor for you, use the HGL formula instead.