

QUICK REFERENCE SHEET

PF

(Formerly Pancreas Formula)

Bilberry Leaf, Devil's Claw, Ginseng, Mullein Flower,
Mullein Leaf, Sarsaparilla



0.50 Bilberry Leaf
0.50 Devil's Claw
0.50 Mullein
0.50 Sarsaparilla
0.25 Ginseng

Total Herbs 2.25 oz
Tincture Ratio - 1:12

This formula contains herbs that are renowned for their blood-purifying, diuretic, and toning properties. Their action involves most body systems, particularly targeting the organs of the endocrine system and, very specifically, the pancreas.

Sarsaparilla, as mentioned elsewhere, is an endotoxin binder. When a person is constipated or unable to evacuate the bowel promptly when the need first arises, toxins and bacteria spill into the bloodstream. Sarsaparilla scoops up these toxins and recycles them for another attempt at disposal.

Many pages could be written on the effects of Ginseng. This is one of the great herbs. It does so much more than stabilize blood sugar, although it is outstanding when used for this purpose.