

QUICK REFERENCE SHEET

RC-L

(Formerly Red Clover Combination with Lomatium)

Buckthorn, Burdock, Cascara Sagrada, Chaparral,
Licorice Root, Lomatium, Oregon Grape, Peach Leaf,
Poke Root, Prickly Ash, Red Clover, Sarsaparilla,
Stillingia



0.75 Red Clover
0.50 Oregon Grape
0.50 Lomatium
0.25 Buckthorn
0.25 Burdock
0.25 Cascara Sagrada
0.25 Chaparral
0.25 Licorice Root
0.25 Peach Leaf
0.25 Poke Root
0.25 Prickly Ash
0.25 Sarsaparilla
0.25 Stillingia

Total Herbs 4.25 oz
Tincture Ratio - 1:11
Glycerin Ratio - 1:11

Exactly like the RC recipe, with the addition of 0.50 Lomatium. The Lomatium makes this recipe very effective for bacterial or viral stomach flu.