

QUICK REFERENCE SHEET

Yarrow/Usnea *Combination*

Usnea, Yarrow



1.00 Usnea
1.00 Yarrow

Total Herbs 2.0 oz
Tincture Ratio - 1:25
Glycerin Ratio - 1:30

This is a great bacterial, strep, and staph fighter. Usnea is a lichen that grows in dying pine trees. It has unique properties that are particularly effective against staph and strep strains and their various mutations. Usnea is also a great antifungal. This combination is very good for drying up mucous and pus—anything from a runny nose to an infected cut. It can also help clear the lymph system.